



This contract outlines the expectations, responsibilities, and commitments of student-athletes participating in the Athlete Development Program at Point Cook College. By signing this contract, the student-athlete agrees to adhere to the guidelines set forth to promote academic excellence, athletic development, and personal growth.

### Student

#### 1. Academic Responsibilities

- Attend all classes, including Homeroom.
- Be on time to Homeroom and all classes.
- Complete all work and assignments on time and to the best of my ability.
- Attend all classes with all required materials (including a book and a pen).
- Seek academic support when needed and attend all classes as required.

#### 2. Athletic Responsibilities

- Attend all scheduled ADP sessions and events.
- Follow the training and conditioning program as directed by coaches.
- Show respect and sportsmanship towards other students, teachers, teammates, opponents, coaches, and officials.
- Strive for continuous improvement and give 100% effort in all athletic endeavours.

#### 3. Personal Conduct

- Adhere to Point Cook College's code of conduct and disciplinary policies.
- Always wear Point Cook College's ADP uniform - refrain from wearing hoodies / jackets etc. underneath Point Cook College branded uniform.
  - Failure to be in full school uniform will mean you cannot attend extra-curricular activities where you will be representing the College.
- Demonstrate integrity, honesty, and respect in all interactions.
- Refrain from being in possession of, or using, drugs, alcohol, and/or any illegal substances.

#### 4. Social Media Use

- Refrain from posting any content that could be considered offensive, discriminatory, or harmful.
- Use social media responsibly and positively, refraining from cyberbullying or negative interactions (including but limited to; iMessage, Facebook, Instagram, Snapchat, Messenger, gaming chat platforms, etc).
- Understand that inappropriate use of social media can lead to disciplinary action, including suspension or removal from the program.

#### 5. Health and Wellness

- Maintain a healthy lifestyle, including proper nutrition and adequate rest.
- Report any injuries or health concerns to teachers.
- Participate in wellness programs and activities as required.

#### 6. Communication

- Communicate effectively and respectfully with coaches, teachers, students and staff (including CRT's and members of the community outside of the College).
- Notify coaches of any conflicts, absences, or issues that may affect participation.
- Seek and be open to constructive feedback.



### Parent/Guardian

#### Responsibilities

- Support the student-athlete's academic and athletic endeavours.
- Attend parent meetings and stay informed about program activities.
- Communicate with teachers regarding any concerns or issues.

The Point Cook College Athlete Development Program commits to providing:

- Effective and supportive coaching and mentoring.
- Academic support.
- Safe and appropriate training facilities.
- Opportunities for personal growth and development.

### Acknowledgment and Agreement

By signing below, the student-athlete and parent/guardian acknowledge that they have read, understood, and agree to adhere to the terms of this contract. Failure to comply with the terms may result in disciplinary action, including suspension or removal from the program

#### Student

I have carefully read this document and understand my obligations under the Point Cook College Athlete Development Program Athlete Agreement. I agree to the terms and conditions as stated above.

<b>First Name</b>	<input type="text"/>	<b>Surname</b>	<input type="text"/>
<b>Signature</b>	<input type="text"/>	<b>Date</b>	<input type="text"/>

#### Parent/Guardian

I give my full permission for the student mentioned above to be part of the Athlete Development Program at Point Cook College in 2025. I understand that Point Cook College require a payment of \$400 (\$100 per Term) to provide the opportunities associated to this program, and that there may be activities throughout the year which require further payments.

I acknowledge and agree to the terms and conditions of the entire student-athlete agreement and provide my consent to the items in the aforementioned parents/carers section.

<b>First Name</b>	<input type="text"/>	<b>Surname</b>	<input type="text"/>
<b>Signature</b>	<input type="text"/>	<b>Date</b>	<input type="text"/>